

The Four C's:

1C. **CHECK-OUT**

- before leaving, - ALWAYS!

2C. **COURSE**

- **Choose right (color) course for your skills**
White, Yellow when you are new
Orange for learning navigation skills
- **Br,G,R,BI need advanced Navigation skills**

3C. **COURTESY**

- **Be quiet**, don't distract others,
- WHISTLES are for EMERGENCY only

4C. **CLOCK**

- **be back within 3 hrs** of your start time
- or
- **before course closure** whichever first

AND

5C. **CHECK-OUT**

- before leaving, - ALWAYS!