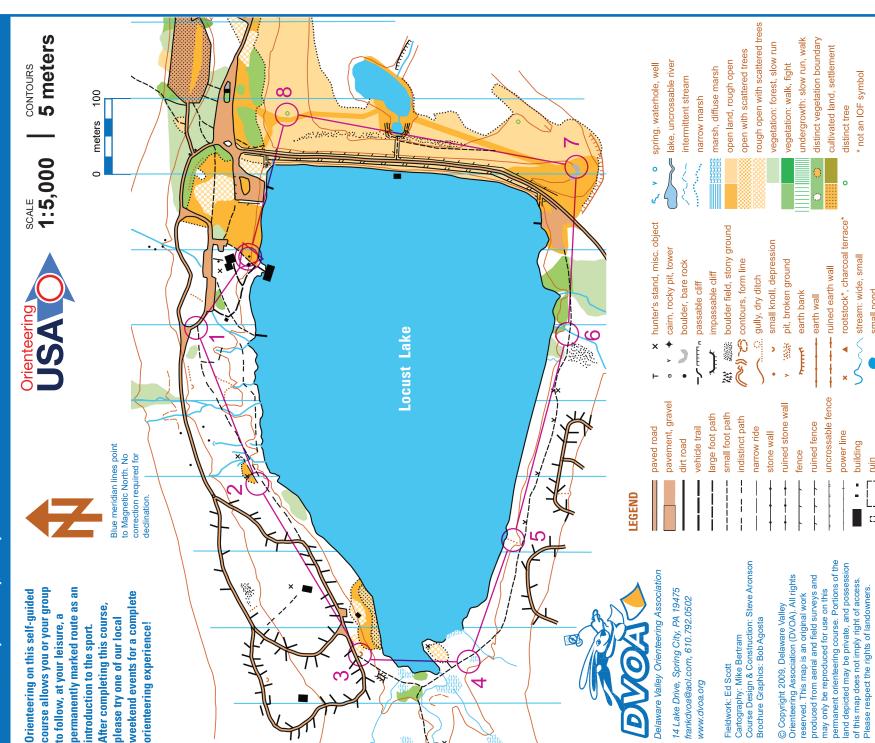
ocust Lake State Park

Barnesville, Schuylkill County, Pennsylvania



small pond

ruin

63

Locust Lake State Park Permanent Orienteering Course Control Sheet											
Beginner Course			1.82 km distance (1.13 miles)				15m climb (50 feet)				
Control # / Letter Code			Control Descriptions				Control Descriptions (Text)				
\triangle	S/F				1m	0.	Boulder, 1m Height, East Side				
1			/	/	$\overline{\mathcal{Y}}$	Ö	Trail & Road Junction Northwest Side				
2			JAN			/	Stone Wall, Southwest End				
3			\cup			O.	Depression, Northeast Side				
4						Å	Small Marsh, North Tip				
5			·iji			0.	Dry Ditch, East Side				
6			S	/	X	Ö.	Stream & Trail Crossing Northeast Side				
7			柒			Q	Bare Rock, Southeast Foot				
8			Д	ග		Ò	Distinct Tree, Deciduous West Side				
OC 200m (656 feet) to Finish											
<u> </u>											

To check control letter codes, mail a copy of your noted course control sheet to: DVOA, 14 Lake Drive, Spring City, PA 19475.

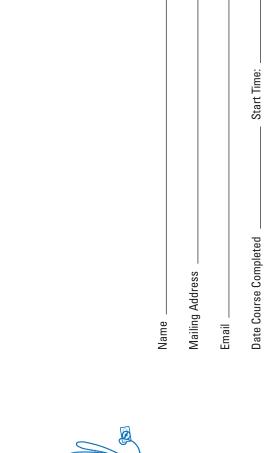
Please include your phone, email, or mailing address for a reply.

After completing this course, please try one of our local weekend events for a complete orienteering experience!



This course made possible by a generous donation from







End Time:

Phone

ORIENTEERING - What is it?

Orienteering is a sport of Scandinavian origin. The game's objective is to locate fairly easy-to-find markers in the woods with the aid of a map and, if you like, a compass. The challenge of orienteering results from participants' not knowing ahead of time the markers' locations. The test lies in determining the best routes between these locations and, in the sport's competitive form, in finding all these points (called controls) in the least possible time. At its best, not only does orienteering improve your knowledge of geography and practical navigation, it enhances physical and mental fitness as well.

Orienteering is a sport for people of all ages, abilities, and gender. Participants can travel alone or in groups, running or strolling, to win the contest or merely to savor nature's beauty, which, as any orienteerer will attest, is winning itself. The sport provides excellent family fare.



INFORMATION

Locust Lake State Park is a 1,772-acre park nestled on the side of Locust Mountain and is known for its popular camping areas. The 52-acre Locust Lake is located between two campgrounds and is surrounded by beautiful forests and hiking trails.

For information about park activities, contact:

Locust Lake State Park, 220 Locust Lake Rd., Barnesville, PA 18214, 570.467.2404.

For information about local orienteering events, other area permanent courses, and club membership in eastern Pennsylvania, southern New Jersey, and Delaware, or for copies of this and other orienteering maps, please contact:

Delaware Valley Orienteering Association (DVOA), 14 Lake Drive, Spring City, PA 19475, 610.792.0502, frankdvoa@aol.com, or visit our web site at www.dvoa.org.

For a complete orienteering experience, please try one of our local weekend events. You can find the schedule at www.dvoa.org. Membership entitles you to reduced map fees at all of our events.

Congratulations and thank you for participating!

INSTRUCTIONS

- 1. This permanent orienteering course offers a beginner level course. Reference the course control sheet for course distances and total course climb. The course begins near the Camp Store, indicated on the map with a triangle symbol. The course ends at the start post, indicated on the map with a double circle symbol.
- 2. Familiarize yourself with the map before you begin.

NOTE: Familiarization with the map relative to the fields, roads, and features shown is easier if you hold the map flat in front of you and rotate it until it is "oriented" to the terrain. Magnetic North lines will help if you have a compass, but you will find that the map is detailed enough that you may not need one on this course.

3. Set out to visit the controls in the sequence outlined on the map starting at the start triangle and proceeding towards control #1. Upon reaching each control, record, on the course control sheet provided, the letter code shown on the marker post placard (see illustrations to the right). You may also want to time yourself from start to finish.

As an example, consider an imaginary control #3, marked on the map as shown below:



Referring to the map legend, you note that the control location, the point at the center of the circle, seems to be crossing between two paths. To confirm the terrain feature on which the control is located, look at the description and feature symbols provided on the sample control sheet shown below.

Permanent Orienteering Course Control Sheet											
	Short Course	2.2 km distance (1.4 miles)				27m climb (90 feet)					
Co	Control # / Letter Code			Control De	escription	18	Control Descriptions (Text)				
\triangleright			-				Start Triangle Building (Park Office)				
1			/	/	Y		Road Junction				
2					1.7	Ċ	Boulder, 1.7m Height, North Side				
3			/	/	X		Trail Crossing				

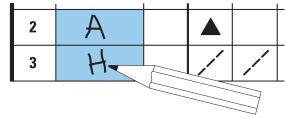
Suppose, after a fairly challenging and satisfying amount of navigation, you finally arrive at the vicinity of control #3. To your delight, you sight it precisely where it should be: at the foot path trail crossing.



Take a closer look; you will notice the control number and letter code on the marker post placard.



By recording the letter code in the appropriate box on the control sheet, you provide proof of your visit to the control for later verification.



That's it! You're off to your next control, and so on to the finish.



SAFETY NOTES

At the pace of a slow stroll, the course at Locust Lake can ordinarily be completed within 60-90 minutes. It is wise to take this into consideration, especially when setting off towards dusk.

On the remote chance you become hopelessly disoriented, follow the lake shore line around to Locust Lake Rd. on the east side of the lake. Remember that the sun rises in the east and sets in the west.

Some areas of the park may be hazardous. We told the Park Rangers we would remind you that you are responsible for you and your groups' safety.